

Neighborhood Services Guide

For the neighborhoods
of Northeast San Francisco



Created by:
Telegraph Hill Neighborhood Center
660 Lombard Street, San Francisco, CA 94133

Edition 1 – October 2004

Index of community resources.

Child Care

Asian Perinatal Advocates.....	5
Asian Women's Resource Center.....	5
Cameron House.....	5
Chinatown Beacon Center.....	6
Chinatown Child Development Center.....	6
Chinatown Community Children's Center.....	6
T.A.L.K. Line.....	4
Telegraph Hill Neighborhood Center.....	10
WIC.....	12
Wu Yee Children's Services.....	12

Community and Cultural Programs

Asian Women's Resource Center.....	5
Charity Cultural Services.....	5
Chinatown Community Children's Center.....	6
Chinese Cultural Center of San Francisco.....	7
Chinese Historical Society for America.....	7
Chinese Folk Dance Association.....	7
North Beach Neighbors.....	9
Safety Network Program.....	10
Telegraph Hill Dwellers.....	11

Domestic Violence Assistance

Asian and Pacific Islander Wellness Center.....	4
Asian Perinatal Advocates.....	5
Cameron House.....	5
La Casa de Las Madres.....	4
Marin Abused Women's Service.....	4
Men's Crisis Line.....	4
Rosalie House.....	4
Trauma Recovery/Rape Treatment Center.....	4
Westside Crisis.....	4
WOMAN, Inc.....	4

Emergency Shelter

Asian Women's Shelter.....	3
Cameron House.....	5
Glide Resource Center.....	9

Food for those in Need

Apostolic Church of the Faith.....	4
Curry Senior Center.....	8
Glide Memorial Church.....	9
River of Life Christian Fellowship.....	10
Salvation Army.....	10
S.F. Rescue Mission.....	10
St. Anthony's Assistance Program.....	11
St. Peter and Paul Catholic Church.....	11
United Council of Human Services.....	11

HIV/AIDS Support

Asian and Pacific Islander Wellness Center.....	4
California Aids/HIV Hotline.....	3
Shanti.....	11

Homeless Services

Homeless Prenatal Program.....	9
Huckleberry Youth Program.....	4
North Beach Citizens.....	9

Immigrant Services

Asian Women's Resource Center.....	5
Cameron House.....	5
Charity Cultural Services.....	5
Chinese Newcomers' Service Center.....	7
Community Youth Center.....	8

Job Training and Referrals

Asian Women's Resource Center.....	5
Cameron House.....	5
Community Educational Services.....	8
Community Youth Center.....	8
North Beach Citizens.....	9
Self-Help for the Elderly.....	10
Vietnamese Youth Development Center.....	12
Vet Center.....	11

Language Assistance

Asian Women's Resource Center.....	5
Chinese Newcomers' Service.....	7
Chinatown Beacon Center.....	6
Francisco Connection.....	8
San Francisco Senior Center.....	10
Vietnamese Youth Development Center.....	12

LBGT services

Community United Against Violence.....	4
Tom Waddell Transgender Clinic.....	10
Shanti.....	11

Mental Health

Asian and Pacific Islander Wellness Center.....	4
Asian Perinatal Advocates.....	5
Chinatown Child Development Center.....	6
Chinatown Community Children's Center.....	6
Chinatown North Beach Mental Services.....	6
Glide Health Clinic.....	9
Mental Health Association of SF.....	9
Psychiatric Emergency Services at SFGH.....	4
Office of Self Help and Oasis Drop-in.....	10
Shanti.....	11
Suicide Prevention.....	4
Tom Waddell Transgender Clinic.....	10
Vet Center.....	11

Primary Care

Chinatown Public Health Center.....	6
Curry Senior Center.....	8
Glide Health Clinic.....	9
North East Medical Services.....	9
Tom Waddell Transgender Clinic.....	11

Senior Services

Center for Elderly Suicide Prevention.....	3
Chinese American Citizens Alliance.....	7
Curry Senior Center.....	8
San Francisco Senior Center.....	10
Self-Help for the Elderly.....	10
Telegraph Hill Neighborhood Center.....	11

Substance Abuse Assistance and Prevention

Alcoholics Anonymous.....	3
Community Youth Center.....	8
Curry Senior Center.....	8
Glide Health Clinic.....	9
McMillan Drop-in Center.....	4
Mobile Assistance Patrol.....	4
Narcotics Anonymous.....	4
SF Drug Info and Referral.....	4
Vietnamese Youth Development Center.....	12

Women's Resources

Asian Women's Resource Center.....	5
Asian Women's Shelter.....	5
Chinatown Public Health Center.....	6
Homeless Prenatal Program.....	9
La Casa de Las Madres.....	4
Marin Abused Women's Service.....	4
Office of Self Help and Oasis Drop-in Center...	10
Rosalie House.....	4
WIC.....	12
WOMAN, Inc.....	4

Youth at Risk

Asian and Pacific Islander Wellness Center.....	4
Asian Perinatal Advocates.....	5

24 hour hotlines.

* All area codes (415) unless otherwise listed.

Alcoholics Anonymous 674-1821

Asian Women's Shelter Crisis Line (877) 751-0880

California AIDS/HIV Hotline (9am-9pm) (800)-FOR-AIDS or 863-AIDS

California Youth Crisis Line (800) 843-5200

Youths aged between 12 and 24 may call the Crisis Line from anywhere in the state. All calls are anonymous. Interpretation and multiple languages.

Center for Elderly Suicide Prevention 752-3778

Child & Adolescent Sexual Abuse Resource Center 206-8386

Child Crisis 970-3800

Emergency/crisis psychiatric services to youths under age 18 in SF County. Evaluations for involuntary hospitalization, short-term therapy, consultation to agencies, etc.

Child Protective Services 558-2650 or (800) 856-5553

Call CPS to report suspected child abuse or neglect (physical, emotional, sexual and neglect).

Community United Against Violence 333-4357

A help line for Lesbian, Gay, Bisexual, Queer and Questioning individuals in crisis. Referrals, counseling, advocacy, restraining orders, or limited emergency aid.

Huckleberry Youth Program 621-2929

California Youth Crisis Line.....	3
Child Sexual Abuse Resource Center.....	3
Child Crisis.....	3
Child Protective Services.....	3
Huckleberry Youth Program.....	4
National Runaway Switchboard.....	4
Suicide Prevention.....	4

Youth Recreation

Cameron House.....	5
Charity Cultural Services.....	5
Chinatown Beacon Center.....	6
Chinatown Community Children's Center.....	6
Chinatown YMCA.....	7
Chinese American Citizens Alliance.....	7
Community Youth Center.....	8
Francisco Connection.....	8
Telegraph Hill Neighborhood Center.....	11
Vietnamese Youth Development Center.....	12
Wu Yee Children Services.....	12

For young people in life-threatening crises: drug/alcohol addiction, physical/sexual abuse, emotional/physical illness (HIV), family breakdown, homelessness, delinquency and suicide.

La Casa de Las Madres Adults (877) 503-1850, Teens (877) 923-700

Emergency residential shelter for battered women and their children, while providing counseling, family-based services and referrals.

Marin Abused Women's Service Hotline for Women 921-8818

McMillan Drop-in Center 241-1180

Helps substance abusers avoid hospitalization and find help.

Men's Crisis Line 924-1070

For abusive men who want help with anger management

Mobile Assistance Patrol 431-7400

Transportation to a sobering center for public inebriates who were inappropriately sent to the emergency room.

Narcotics Anonymous 621-8600

National Runaway Switchboard (800) 621-4000

A help line for youths who are thinking of running away. Referrals to resources and community organizations.

Psychiatric Emergency Services at San Francisco General Hospital (SFGH) 206-8125

Rosalie House 255-0165

A recovery shelter serving women/children who are victims of physical, sexual, or emotional abuse. Services available include shelter, food, counseling, employment referrals, etc.

SF Drug Information and Referral 362-3400

Provides info on legal, illegal and psychiatric drugs. Responds to drug-related crises and suicide attempts. Referrals to programs and agencies in SF.

SF Women Against Rape 647-7273

For survivors of sexual assault, their families, and friends. One-on-one counseling and support groups, medical/hospital accompaniment, legal advocacy, and adult and teen education.

Suicide Prevention 781-0500

T.A.L.K. Line 441-5437

Crisis and counseling line for parents to find support, information and referrals.

Trauma Recovery/Rape Treatment Center 437-3000

Westside Crisis 353-5050

Counseling services for victims of domestic violence. Accepts MediCal.

WOMAN, Inc 864-4722 or (877) 384-3578

A lifeline for battered women.

Directory of organizations.

Apostolic Church of the Faith

Food for those in need. No ID required. Dry and canned foods. One bag of groceries per family. Call first.
468-1652. First and last Sunday, August 29, September 5. Starting September 19, every Sunday (11am-1pm). 100 Felton (at Girard), 94134.

Asian and Pacific Islander Wellness Center **www.apiwellness.org**

HIV prevention, counseling, and medical service. Programs for Youth in Detention, outreach for youth in juvenile justice system.

Services flexible from client's homes to juvenile hall (peer counseling, anger management, decision making, etc). Also A&PI Queer and Questioning, 25 & Under, All Together creates safe space to learn and teach others about HIV prevention, fighting homophobia and supporting the queer youth community. A&PI runs the California Statewide Treatment Education Program (CSTEP), an intensive HIV treatment training and certification conducted year round in English and Spanish with providers who work with people living with HIV/AIDS. English, Spanish, Cantonese,

Mandarin, Japanese, Vietnamese, Lao, Thai, Burmese, Tagalog, Ilongo, Visayan, Ilokano, Kinaray-a, Hindi, Urdu, Gujrati, Farsi, Hawaiian, and Samoan.
292-3420, fax 292-3402. M-F (10am-6pm).
730 Polk Street, 4th Floor, 94109. Bus 19 Polk, 49 and 47 Van Ness, 38 Geary and 31 Balboa.

Asian Perinatal Advocates www.apasfgh.org

APA prevents child abuse and domestic violence in Asian and Pacific Islander families by providing support groups, counseling, and the API hotline. There are weekly baby care workshops, high-risk children follow-up clinic, information and referral, and prenatal psychosocial assessment, and training for service providers. APA is the only hospital-based agency offering in-home family support service. API Hotline in Cambodian, Cantonese, Laotian, Mandarin, Samoan, Tagalog and Vietnamese. apa@apasfgh.org.

Counseling and Network Center in Chinatown, 638 Clay Street, 94111. 617-0061, fax 617-0064.

Family Support Center in Chinatown 730 Commercial Street, 94108. 616-9797, fax 616-9796.

SF General Hospital 1001 Potrero Ave, Bldg. 40, Room 4101, 94110. 206-5450, fax 206-4778.

Asian Women's Resource Center

www.gbgn-umc.org/awrc

For monolingual, and bilingual immigrant Asian families. Services include transitional housing through Gum Moon Women's Residence, survival English classes, phonics classes, citizenship classes, parent-child development program, summer school for children in grades 1st - 6th, after-school tutorial program for children in grades 1st - 6th, pre-employment training program, chi-gong classes, informational and referral services, and cultural, social and recreational programs.

788-1008, fax 397-6836. 940 Washington Street, 94108. Bus 30, 45, 9 Cable Car, Bart Cable Car.

Asian Women's Shelter

Priority to Asian women and Asian children with limited resources who speak no English. Kitchen and food provided for cooking, referrals, counseling, and clothing available. Cantonese, Hindi, Indonesian, Japanese,

Javanese, Korean, Laotian, Mandarin, Mien, Tagalog, Thai and Vietnamese.
751-7110 (Mon-Fri 9am-5pm). Call 1-877-751-0880 (24 hours toll free) for shelter. New guests M-Th only, except in emergencies. Stay up to 12 weeks. Mailing Address Only 3543 19th Street, #19 94110.

Cameron House www.cameronhouse.org

Cameron House provides multilingual counseling for individuals and families. This ranges from domestic violence assistance, emergency shelter and escorts, to low cost legal assistance. The Employment Program is targeted towards low-income immigrants and provides training in English, computer skills, resume preparation and interview skills. Support Groups and Community Outreach. Youth programs include the Cameron House Club (Friday Night 7-10pm) for middle and high school youth. Community service projects, arts and crafts, sports, camping trips, etc. Helps to build relationships with peers and adult mentors, fostering leadership and a deeper Christian spirituality and faith. The Bilingual After-School Tutorial Program (BAP) offers one-on-one tutoring and supervised recreation (ages 2-8). Students may join the Basketball team, or receive an introduction to team sports through Best Day of the Week. Cantonese, Mandarin, Shanghaiese, Vietnamese, English. cameronhouse@cameronhouse.org, 781-0401, fax 781-0605. 920 Sacramento Street, San Francisco, 94108.

Charity Cultural Services

CCSC offers services for the low-income, limited-English proficient, recent immigrant population of San Francisco. CCSC improves the quality of life and provides a greater chance of equal economic opportunity and adjustment of life in a new culture. Provides five vocational training programs and placement services. Also, family services to integrate youth and elders with technology while preserving cultural awareness, social belonging and responsibility. Charity Cultural Services works in partnership with government, business and the educational sector.
989-8224. 827 Stockton Street, 94108.

Chinatown Beacon Center

The Chinatown Beacon Center serves children and youth from kindergarten through high

school, as well as parents and adults. Everyone who lives, works, or goes to Chinatown is welcome to participate in activities. The Center provides a variety of programs, classes and activities in education, health, career development, leadership and arts and recreation, such as English as a second language classes, tutoring, field trips, computer classes, and parent support groups.
beacon@wuyee.org. 391-4721, fax 391-4716.
Chinatown Beacon Center Administrative Office, 831 Broadway Street, 2nd Floor, 94133.
Chinatown Beacon Center Program Site, Jean Parker Elementary School, 840 Broadway Street, 94133.

Chinatown Child Development Center (CCDC)

Individual psychotherapy, family therapy, psychological testing, medical evaluation and monitoring, referrals, parent education, group therapy for toddlers, and after school treatment. Ages 0-18. Case-oriented consultations and coordination with teachers, physicians and other providers as well as parent educational services. Parent-child drop-in. \$0 - full bill, priority given to MediCal, Healthy Families, Healthy Kids, uninsured or low income. Cambodian, Cantonese, Mandarin, Japanese, Vietnamese, Spanish, English.
392-4453, fax 433-0953. M-F (8:30 am-5pm).
720 Sacramento Street, San Francisco, CA 94108. Bus 30 Stockton, 1 California.

Chinatown Community Children's Center www.childrencenter.org

Bilingual-Bicultural Childcare program offers educational and social activities to meet the culturally-sensitive development needs of children and working families. The Early Intervention Project provides support systems of resources and services including referrals to public mental and physical health agencies, coordinating family counseling for at-risk youth, and collaboration with the SF Unified School District to coordinate specialized Individual Education Plans and future school placements. CCCC events include the Annual Spring Gala celebrating the Asian American arts and entertainment, a month-long open house at the center and publication of a semi-annual newsletter. There is an application process for the subsidized or full cost program. Child must be between 2 years and 9 months to 5 yrs old.

986-2528, fax 986-1136. M-F (7:30am-5:30pm). 979 Clay Street, 94108.

Chinatown Community Development Center www.chinatowncdc.org

Chinatown CDC provides services in six work areas: programs, advocacy and organizing, planning, housing development, property management and tenant services. CCDC is a community development organization with many roles, serving as neighborhood advocates, organizers, planners, developers and managers of affordable housing.
info@chinatowncdc.org. 984-1450, Tdd 800-735-2929, fax 362-7992. Housing development fax 929-1499 and property management fax 673-3176. 1525 Grant Avenue, 94133.

Chinatown North Beach Mental Health Services

Offers an array of mental health services to adolescent (14 years and older), adult, and geriatric residents primarily of Chinatown and North Beach areas. Services include psychiatric evaluations, individual therapy/counseling, family intervention, urgent care, medications, group activities and therapy, case management, crisis outreach, consultation, education and information activities, acupuncture treatment for psychiatric disorders and an adult/geriatric day rehabilitation program. Referrals to other city funded programs if treatment not provided on site. Sliding scale. Medicare and private insurance accepted. Cambodian, Cantonese, Italian, Laotian, English.
352-2000, fax 352-2050. M-F (8:30am-5pm).
729 Filbert Street, 94133. Bus 30 Stockton, 1 California, 45 Union, 41 Union, 15 Third.

Chinatown Public Health Center

Provides primary care, STD screening and treatment, confidential HIV testing and counseling for established clients, immunizations, TB tests and counseling services for established clients. Women's Clinic provides family planning, pregnancy testing, and counseling services for teens. Public health nursing service, drop-in and triage nurse clinic, and women's cancer screening clinic. The Ear Center provides hearing tests in schools and follow-ups for youth 5 - 18. School physicals for HC patients only. Sliding scale, \$0-full bill, MediCal, Healthy Families, Healthy Kids, CHDP. Bring proof of income and address.

Cantonese, Laotian, Mandarin, Spanish, Tagalog, Vietnamese, English.
364-7600, fax 705-8505. Call 8am-5pm for all appointments including nutritionist or health education classes. 1490 Mason Street, 94133. Bus 30 Stockton, 45 Union, 83 Pacific, Cable Car - Powell, 12 Folsom.

Chinatown YMCA
www.ymcasf.org/Chinatown

Youth Programs include the after school educational program, teen center, young artists lessons, summer day camp, summer school, counselors in training, campfire, boys and girls residence camp, mentoring, ballet, and swimming lessons. Adult programs include lap swimming, pick-up basketball, a full fitness center, a free weight room, aerobics classes, volunteer opportunities, yoga, tai chi, taiko drumming, kenpo karate, swim lessons and personal training. Fee varies depending on membership option. Financial assistance available to those who qualify.
576-9622. M-F (6:30am-9:30pm), Sat (8-5) and Sun (8-4). 855 Sacramento Street, 94108 (between Grant and Stockton Street). Bus 15, 9x, 45, 30 and 1.

Chinese American Citizens Alliance
www.cacanational.org

Active in civil rights issues for Chinese and organizes social and community activities, youth activities and education (the American Cooks Training Program, National Essay Contest, the Walter U. Lum Scholarship, to local youth clubs, sports teams, etc). CACA supports senior citizens and the needy.
cacasf@yahoo.com. 434-2222, fax 982-3728. 1044 Stockton Street, 94108.

Chinese Cultural Center of San Francisco
www.c-c-c.org

A community-based, non-profit organization to foster the understanding and appreciation of Chinese and Chinese American art, history, and culture in the United States. A 300 seat auditorium, a 2,935 square foot gallery, book shop, classroom offering educational and cultural programs.
info@c-c-c.org. 986-1822, fax 986-2825. 730 Kearny Street, 3rd Floor, 94108.

Chinese Folk Dance Association
www.cfdasf.org

Folk dance, folk instrumental performances and classes for children and adults. CFDA performs in large scale productions, smaller community shows, and by invitation to other cultural events in SF bay area.
834-1359. 619 Kearney Street, 94108.

Chinese for Affirmative Action
www.caasf.org

Chinese for Affirmative Action defends and promotes the civil and political rights of Chinese and Asian Americans within the context of, and in the interest of advancing multiracial democracy in the United States.
caa@caasf.org. 274-6750, fax 397-8770. The Kuo Building, 17 Walter U. Lum Place, 94108.

Chinese Historical Society of America
www.chsa.org

The Chinese Historical Society of America is one of the oldest and largest organizations dedicated to the study, documentation, and dissemination of Chinese American history. The Learning Center educates visitors, and K-12 youth (fiction and non-fiction literature, history books, CD-Rom, Internet resources, videos and documentaries, curriculum materials, etc). Free monthly lectures and presentations open to the public, genealogy and oral history workshops/classes, internship and volunteer programs.
info@chsa.org. 391-1188x102, fax 391-1150. 965 Clay Street, 94108.

Chinese Newcomers Service Center
www.chinesenewcomers.org

The Chinese Newcomers Service Center (CNSC) provides multilingual services that help Chinese immigrants adapt to life in the United States. Services include citizenship and ESL classes, volunteer income tax assistance, tax counseling for the elderly, immigration seminars, internet safety programs, the independent living resource center, computer classes, and a form filling service. Youth programs include college educational prep workshop, the youth empowerment program and the C.A.T.S. computer class.
cnscc.chinesenewcomers.org. 421-2111, fax 421-2323. 777 Stockton Street, 94108. Bus 1, 30, and 45. Bart/Muni Montgomery stop, bus 30 or 45 to Stockton and Sacramento.

Community Educational Services

www.cessf.org

Provides Chinatown and North Beach youth with jobs, job training, English tutoring and general homework support. Engaged in school system reform efforts and community education and advocacy efforts. CES prides itself on operating programs that greatly increase youth's practical employment and communication skills, while developing them as leaders for change in their schools and communities.

info@cessf.org. 982-0615. Community Educational Services, 80 Fresno Street San Francisco, CA 94133.

Community Youth Center www.cycsf.org

CYCSF serves high-risk Asian immigrant youth and their families. Education Component composed of five programs aimed to develop youth academic achievement, financial independence, college advancement, career development and physical fitness. Prevention services against drugs and gangs. Intervention programs include a Central Intake system to provide referrals and case management services. Employment Component helps youth in resume writing, interview skills development, computer training, and communications, among others. Youth Development Component provides leadership training and development workshops to increase awareness of community issues. Youth advocate for youth needs and makes decisions for future program development.

775-2636, fax 775 -1345. Duty Intake Counselor from 9am-5pm, Monday-Friday. Main Office, 1693 Polk Street, 94116. Richmond Office 319 Sixth Avenue, Suite 201, 94118. 752-9675, fax 752-9033. Computer Clubhouse, 217 Clement Street, 2nd Floor 94118. 386-8855, fax 386-8855.

Curry Senior Center

Curry Senior Center provides services to promote independent living to seniors (55+). Primary medical care, glaucoma and blood pressure testing, health education, podiatry, mental health consultation, HIV testing and prevention, and home visits to home bound seniors. Case management, North and South of Market Adult Day Care, Social Day Care, Alcohol and Drug Program, and Community Services Programs. Food for those in need, for those age 60+. \$1.50 suggested donation, but no one is turned away. Sign up for lunch at 8am

M-F, 9am on weekends and holidays. Sliding scale. Medicare, Medi-Cal, S.F. Health Plan, and other insurance plans accepted. Spanish, Cantonese, Mandarin, Tagalog, Vietnamese, Cambodian, Russian and Laotian. webmaster@sfccc.org. Clinic 885-2274, Meals 292-1086. M-F (9-12, 1-5). Drop-in, Tu (1-2pm, F 9-11am).

Breakfast (8-9am), and Lunch (11:30am-noon). 333 Turk (between Hyde and Leavenworth). Bus 5 Fulton, 19 Polk, 31 Balboa. Muni/Bart Civic Center Station.

Francisco Connection

Collaboration of community organizations and businesses at Francisco Middle School that provides programs and services beyond the scope or budget of the school. Programs include the Buddy Program (mentoring), counseling, lunchtime academic help, support groups and sports, the Expanded Learning Program (after school program providing both academic support and enrichment activities), the Parent Partnerships Program (which aims to increase parent involvement at Francisco Middle School, with ESL classes, workshops, and Parent Action Groups), and the Student Support Program (which helps students whose personal issues may be inhibiting academic success). info@franciscoconnection.org. 956-1234, fax 956-1238. 2190 Powell Street, 94133.

Glide Health Clinic www.glide.org

Assessments and treatment planning, focused on short term solutions with individual therapy (6-8 weeks), medication management, case management, peer advocacy, referrals, complimentary care (massage, chiropractic, acupuncture), and HIV testing.

674-6140. Call for appointment or drop-in M, Tu, Th, (1-5 pm). Wed (9 am-1 pm). 330 Ellis Street, Room 418 (at Taylor).

Glide Memorial Church www.glide.org

Food for those in need. A bag dinner to go (2 sandwiches) provided during lunch on weekends and holidays. 674-6040 (M-F 8am-4:30pm). Breakfast (8-9am), Lunch (12-1:30pm), Dinner (4-5:30pm). Only Breakfast and Lunch served on weekends.

Glide Resource Center www.glide.org

Free shelter provided after completing a record at the resource center (requiring finger image,

and optional SS#) if a bed is available (at 7, 8am and 10:30, 11:30pm, and 12:30am). You may request a ride to the shelter by calling 674-6033. Spanish, English. Everyday (7-11am and 5-9pm).

Homeless Prenatal Program

Pregnant women and families with children under 18. Must provide verification of pregnancy. Referrals, family and prenatal counseling, legal aid referral service, yoga and computer classes, supplies (diapers, food boxes, etc.)

546-6756. Drop in M-Th (9-11 am and 1-3:30 pm). Support groups in English Tu (1-2pm), Spanish Thu (1-2 pm), New moms M (1-2 pm). Prenatal classes Th (11am - noon). 995 Market, Suite 1010 (at 6th St).

Italian-American Community Services

Agency- www.italiancommunityservices.org

Offering Italian and Italian-Americans information and referrals to community services, and help in obtaining medical support. Case Workers coordinate medical and home care, transportation and paperwork. Staff assess the home situation of clients to determine specific needs and appropriate services. Social and informational programs for clients and other Italian seniors is held at the Casa Fugazi Community Center, including bingo, concerts, day trips, golf tournaments, dinners, raffles, holiday gatherings and movies. Also, the Ponte Della Luce volunteers program gives seniors home visits, practical and emotional support. Italian, English.

agency@italiancommunityservices.org. 362-6423, fax 362-3565. M-F (9-noon, 1-5pm). 678 Green Street, 94133.

Mental Health Association of SF

Mental health education and awareness, various support groups (including Hoarding and Cluttering), depression screenings, advocacy, participation in city politics and referrals.

Workshops for consumers, family members and professionals. No clinical services. English, Cantonese.

241-2926. Call M-F (9-5) or drop-in Tu (3-5). 1095 Market Street, Suite 408.

North Beach Citizens

Services and advocacy for the homeless. Neighborhood homeless citizens register and

actively participate in the STEP program, and receive vital services, access to resources, and training to gain employment and move off the streets permanently. (The STEP program allows a sense of belonging within a community - meals, clothing, library, testing, etc).

772-0918, fax 772-0984. 720 Columbus Avenue, 94133.

North Beach Neighbors

www.northbeachneighbors.org

North Beach Neighbors is one of 70 some odd neighborhood organizations in the City. It is comprised of some 350 residents & small businesses. Its goal is to preserve the small business character, provide public testimony on zoning and construction/development issues, collaborate with the local police to reduce crime, sponsor NERT (Neighborhood Emergency Response Team) training-earthquake preparedness, to work with persons in the neighborhood in resolution of problems. We have fund raising activities where net income is distributed to agencies like the North Beach Citizens, and the Telegraph Hill Neighborhood Center. We support activities that enhance the North Beach Area. Quarterly Newsletter discusses local community issues and coming events.

Contact: Jim Lew
jamesalew@compuserve.com

North East Medical Services

Health Care Services provides primary care, including pediatrics, adult medicine, cardiology, allergy, radiology, obstetrics and gynecology, ENT and surgery, podiatry, acupuncture, optometry, dentistry, pharmacy, x-rays and laboratory available. Everyone welcome. Sliding fee scale, depending on income level.

Minimum \$5. Burmese, Cantonese, Korean, Mandarin, Vietnamese.
nemsl@compuserve.com. 391-9686, fax 433-4726. M-F, (8-5) 1520 Stockton Street, 94133. Bus 30 Stockton, 15 Third, 45 Union-Stockton, 41 Union.

Office of Self Help and Oasis Drop-in Center

Provides many programs for mental health consumers such as movies, games, library, canteen, etc. Call or drop-in for other services: computer lab, acupuncture (Tu), nurse practitioner (W), van trips out of town, peer

counseling, info and referrals, tenant info. Easy intake process. English, Spanish.
www.namisf.org. 575-1400. M-F (7-4), weekends (12-4). Support groups: Dual - diagnosis (Tu, Th 12 pm), Women's Day (F 11-4 , come any time), Men's Group (M 12 pm), Art Group (W 12 pm). 1095 Market (and 7th), Suite 202, 94103.

Russian Hill Neighbors www.rhn.org

A neighborhood organization to encourage association among RH neighbors and merchants. Sense of community preserved with block parties, community projects, dinners at neighborhood restaurants, etc. Quality of life is promoted by addressing community concerns. 267-0575. 1819 Polk Street, #221, 94109.

S.F. Rescue Mission

Food for those in need. Blankets and sandwiches to go.
292-1770. M-F Coffee and pastry (10:30am-noon). M-F Bible study and a full course dinner 4pm (doors close at 4:15) First come, first served. 100 people max. 140 Turk (between Taylor and Jones), 94102.

Safety Network Program

www.safetynetwork.org
SNP involves neighbors including businesses, city workers, service providers, and members of the faith community in primary crime prevention activities. These include outreach to neighbors, merchants, law enforcement and under-served communities. Education/training events to develop skills to build community's capacity to problem solve. Develop and participate in coalitions, collaborations, neighborhood groups, and act as a liaison between community, city agencies and law enforcement.

Local Community Organizer based at Telegraph Hill Neighborhood Center 421-6443 (x 37).
2012 Pine Street, 2nd Floor, 94115.

Salvation Army - Community Congregations, Chinatown Corps

Family services, PG&E Reach Program, clothes or furniture pickup, church services. Free pantry on Fridays. Free school supplies for low-income families that qualify. After school program for children ages 6-12, staffed by high school students, and supervised by core officers. Day camp program in the summer. Kids club

for youth recreation and bible study from 6-12, on Saturdays (2-4pm). Gym facilities can be rented for a very reasonable price. School outreach during the year. Free community events for families. Home League for senior women which includes free lunch. 781-7360. Everyday (10-5). 1450 Powell Street, 94133.

San Francisco Senior Center

www.sfsenior.com

SFSC programs and services include health promotion, supportive professionals, and an active and diverse community of peers. Health Programs include Tai Chi, Yoga, Qi Gong, Gardening and Walking Group, Rowing, Dancing, Nutrition low-cost hot lunch, Social Work (counseling and resources), Annual Flu Shot Program. Educational programs include language classes, Computer classes, and Art classes. Social Support programs include Tax preparation and legal assistance, Medical Insurance Counseling, and Assistance with Social Security, SSI, and Medicare. Social activities include various organized games, the Current Events Forum, Movies and Film Appreciation, and more. There is a program for seniors who are deaf (Aquatic Park) and outreach to seniors who are Chinese (Downtown).

775-1866. M-Th (9-4), F (9-3:30), Sun (11-3). Aquatic Park, 890 Beach Street, 94109. Bus 48 Geary or 27 Bryant.

Self Help for the Elderly

www.selfhelpelderly.org

A multi-service organization providing programs ranging from employment/training and social activities for those who are more independent to in-home assistance and residential board and care to those who are more frail. Originally created as a "War on Poverty" program, SHE provides social services and hot meals to low-income isolated elderly. Mission is to promote independence, dignity and self-worth of seniors by providing range of multicultural and multilingual services. SHE@selfhelp.elderly.org. 982-9171, fax 296-0313. 407 Sansome Street, Suite 300, 94111.

Shanti www.shanti.org

Emotional support, peer and clinical counseling, advocacy, breast cancer support, care coordination, activities, HIV education, discussion

group for gay and bisexual men, information and referrals. English, Spanish. jbberman@shanti.org. 674-4700. M-F (9-5) call for appointment. 730 Polk, 3rd Floor (bet. Eddy and Ellis), 94109.

St. Anthony's Assistance Program

Food for those in need. First time requires a photo ID and proof of SF address (rent receipt or bill). Then only a photo ID is required to get dry and canned groceries.

11-noon serving 60+, and those with children. Noon-1:30 serving all others. Spanish, Tagalog and Russian. 241-2690. 45 Jones (At Golden Gate), 94102.

St. Peter and Paul Catholic Church

Food for those in need. Sandwiches served everyday of the week. 421-0809. 4-5 pm or till food runs out. 666 Filbert (near Washington Square), 94133.

Telegraph Hill Neighborhood Center
www.tel-hi.org

500 children, youth, families and seniors participate in Tel-Hi programs everyday. Direct services and advocacy provided through community organizing and planning for the neighborhood's disenfranchised residents. Tel-Hi brings together members of residential and business communities. Youth Programs include the Child Development Preschool Program which provides developmentally appropriate activities (ages 2 and 1/2 to 5) led by qualified, culturally sensitive, and bilingual teachers. Facility includes onsite play-ground, gymnasium and garden. The After School Academy provides youth from k-5 with enrichment activities (clubs, community service, field trips, cultural understanding, conflict resolution). The Expanded Learning Program is a cooperative effort with Francisco Middle School and the SFUSD. Daily homework help and enrichment activities at FMS. The Senior Program helps older adults find resources to maintain their independence and well-being. Free social services and activities, and a daily hot lunch. Computer lab, art and jewelry-making classes, health workshops and screenings, Tai Chi, and International Line Dancing. Tel-Hi volunteers may work in any program. amy@tel-hi.org. 421-6443, fax 433-1352. 660 Lombard Street, 94133.

Telegraph Hill Dwellers www.thd.org

Land use planning group/development focus. To preserve historic traditions of Telegraph Hill to represent community interests of residents and property owners. Current projects include: North Beach Pool and Playground, Presidio Trust, 39 Coit Bus, Broadway Project, Washington Square and Lighting. thd@thd.org. 273-1004. P.O. Box 330159, 94133.

Tom Waddell Transgender Clinic
www.dph.sf.ca.us/chn/HlthCtrs/transgender.htm

TWTC provides primary care addressing gender issues, with medical, mental health and social services, working closely with community organizations. Anyone identifying as transgender can be seen: male-to-female, female-to-male, intersex, and those in-between. If English is not the primary language special arrangements will be made to accommodate. English, Spanish. 554-2727. New Patients drop in Tuesday 2:00 for intake. Center hours M-F (8:30am - 8:30pm), Saturday till 5pm. Closed Sundays and holidays. 50 Ivy (between Polk and Van Ness), 94102.

United Council of Human Services

Food for those in need. Hot dinner every Saturday (usually includes an entrée, vegetables and dessert). 671-1100. Saturday from 4pm till food runs out. 146 Leavenworth (at Turk), 94102.

Vet Center (VA Readjustment Counseling Service)

Veterans/significant others only. General counseling (including post-traumatic stress disorder and depression), family and couple counseling, complete employment services, veteran's benefits assistance, information and referrals. 441-5051. Call or drop in M-F, (8-4:30). 505 Polk (at Golden Gate), 94102.

Vietnamese Youth Development Center

For youth aged 12-21 and their families. Case management, family conflict, culture/generation gap, gang issues, leadership program, tutoring, substance abuse prevention and counseling, language assistance, information and referral,

advocacy for housing, welfare and legal concerns, job training and part-time employment for youth. Vietnamese, Cambodian, Laotian, Tagalog, English. 771-2600. M-F, (10 -6). 150 Eddy (between Mason and Taylor), 94102.

WIC - Women, Infants and Children Supplemental Nutrition Program

For women who are pregnant or mothers with children under five years. Provides food vouchers, nutritional counseling, breastfeeding info, referral to health care, and support. A person interested in participating in WIC must bring a medical referral form filled out by her/his doctor, proof of income, proof of address, and identification such as California ID. English, Spanish, Cantonese, Mandarin, Vietnamese, Cambodian, Laotian, Bosnian, Portuguese. 575-5788, fax 575-5797. M-F, (8-5). Administrative Office, 30 Van Ness Avenue, Suite 220, 94102.

Wu Yee Children's Services www.wuyee.org

SF Cares is a program to promote compensation and retention of committed and qualified teachers and providers to ensure quality services to children and families. The Family Center is a resource and referral clearing house which connects families to services they need. The Child Development Program provides comprehensive child development services to families through six centers throughout San Francisco. The Joy Lok Family Resource Center provides services for parents and caregivers of children 0-5 (from child care, home visiting programs, play groups, parents teaching parents, or for older youth there are projects, tutoring, sports, workshops, and special events). admin@wuyee.org. 391-8993. 831 Broadway St, 2nd Floor, 94133.

public service numbers.

Abandoned vehicles	553-9817
Animal care and control	554-6364
Building permits	558-6070
Dumping, illegal	28-CLEAN
Environmental health	252-3800
Graffiti removal	241-WASH
Hazardous waste disposal	554-6141
MUNI information	673-6864
Noise from building construction	558-6096
Noise from street construction	554-7222
Odor control	557-6833
Parking violations (driveways, etc)	553-1200
Parking meter repair	550-2739
Parking permits (residential)	553-2020
Sewer repair	695-2096
Signs and banners, illegally posted	28-CLEAN
Spills, non-hazardous	28-CLEAN
Spills, hazardous or unknown	911
Street and sidewalk defects	554-5810
Street cleaning	28-CLEAN
Street lighting	554-0730
Street repair (potholes)	695-2100
Towed car retrieval	553-1235
Traffic signs, knocked down/missing	554-9780
Traffic signals (out-of-order)	550-2736
Trees (sidewalk)	28-CLEAN
Water department	550-4911

Tel-Hi welcomes comments about this first edition of the Neighborhood Services Guide. Please email comments and suggestions to stephanie@tel-hi.org or call (415) 421 6443 (x37).